

Virginia TaeKwonDo Academy

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2 4:15 CUBS 5:00 WHITE/YELLOW 7:00 ADULT TKD	3 4:15 CUBS 5:00 GREEN & BLUE BELTS 5:00 beginner BJJ 6:00 advance BJJ 7:00 adult BJJ	4 4:15 CUBS 5:00 RED & BLACK BELTS 7:00 ADULT TKD	5 4:15 CUBS 5:00 BROWN BELTS 5:00 advance BJJ 6:00 beginner BJJ 7:00 adult BJJ	6 5:00 beginner BJJ 6:00 advance BJJ 7:00 ADULT TKD	7 9:30 WHITE/YELLOW 10:30 GREEN/BLUE 11:30 BROWN-BLACK
9 4:15 CUBS 5:00 WHITE/YELLOW 7:00 ADULT TKD	10 4:15 CUBS 5:00 GREEN & BLUE BELTS 5:00 beginner BJJ 6:00 advance BJJ 7:00 adult BJJ	11 4:15 CUBS 5:00 RED & BLACK BELTS 7:00 ADULT TKD	12 4:15 CUBS 5:00 BROWN BELTS 5:00 advance BJJ 6:00 beginner BJJ 7:00 adult BJJ	13 5:00 beginner BJJ 6:00 advance BJJ 7:00 ADULT TKD	14 9:30 WHITE/YELLOW 10:30 GREEN/BLUE 11:30 BROWN-BLACK
16 4:15 CUBS 5:00 WHITE/YELLOW 7:00 ADULT TKD	17 4:15 CUBS 5:00 GREEN & BLUE BELTS 5:00 beginner BJJ 6:00 advance BJJ 7:00 adult BJJ	18 4:15 CUBS 5:00 RED & BLACK BELTS 7:00 ADULT TKD	19 4:15 CUBS 5:00 BROWN BELTS 5:00 advance BJJ 6:00 beginner BJJ 7:00 adult BJJ	20 5:00 beginner BJJ 6:00 advance BJJ 7:00 ADULT TKD	21 9:30 WHITE/YELLOW 10:30 GREEN/BLUE 11:30 BROWN-BLACK
23 4:15 CUBS 5:00 WHITE/YELLOW 7:00 ADULT TKD	24 4:15 CUBS 5:00 GREEN & BLUE BELTS 5:00 beginner BJJ 6:00 advance BJJ 7:00 adult BJJ	25 4:15 CUBS 5:00 RED & BLACK BELTS 7:00 ADULT TKD	26 4:15 CUBS 5:00 BROWN BELTS 5:00 advance BJJ 6:00 beginner BJJ 7:00 adult BJJ	27 5:00 beginner BJJ 6:00 advance BJJ 7:00 ADULT TKD	28 9:30 WHITE/YELLOW 10:30 GREEN/BLUE 11:30 BROWN-BLACK

FEBRUARY 2026