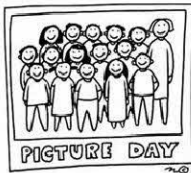
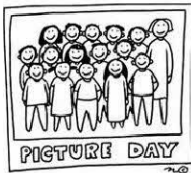


Virginia TaeKwonDo Academy

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2 4:15 CUBS 5:00 WHITE/YELLOW 7:00 ADULT TKD	3 4:15 CUBS 5:00 GREEN & BLUE BELTS 5:00 beginner BJJ 6:00 advance BJJ 7:00 adult BJJ	4 4:15 CUBS 5:00 RED & BLACK BELTS 7:00 ADULT TKD	5 4:15 CUBS 5:00 BROWN BELTS 5:00 advance BJJ 6:00 beginner BJJ 7:00 adult BJJ	6 5:00 beginner BJJ 6:00 advance BJJ 7:00 ADULT TKD	7 9:30 WHITE/YELLOW 10:30 GREEN/BLUE 11:30 BROWN-BLACK
9 4:15 CUBS 5:00 WHITE/YELLOW 7:00 ADULT TKD	10 4:15 CUBS 5:00 GREEN & BLUE BELTS 5:00 beginner BJJ 6:00 advance BJJ 7:00 adult BJJ	11 4:15 CUBS 5:00 RED & BLACK BELTS 7:00 ADULT TKD	12 4:15 Cubs TESTING 6:00 JIU-JITSU TESTING AT THE ACADEMY	13 TESTING 5:30 White & Yellow	14 TESTING 9:30 Green/Blue Belts 11:00 Brown Belts 12:30 Red & Black Belts
16 CLOSED	17 CLOSED	18 5:00 Instructor Testing 6:00 Tune Up 6:30 Alternate Testing	19 AWARDS CEREMONY 5:30 JR. WHITE-YELLOW & CUBS 6:00 GRN & BLUE 6:30 BROWN-BLACK & ALL ADULTS	20 500pm - Black Belts 530pm - Brown/Red Belts 600pm - Green/Blue Belts 630pm - Sparring Clinic 630pm - Yellow Belts	21 Instructor Training
23 4:15 CUBS 5:00 WHITE/YELLOW 7:00 ADULT TKD	24 4:15 CUBS 5:00 GREEN & BLUE BELTS 5:00 beginner BJJ 6:00 advance BJJ 7:00 adult BJJ	25 4:15 CUBS 5:00 RED & BLACK BELTS 7:00 ADULT TKD	26 4:15 CUBS 5:00 BROWN BELTS 5:00 advance BJJ 6:00 beginner BJJ 7:00 adult BJJ	27  PICTURE DAY	28  PICTURE DAY
30 4:15 CUBS 5:00 WHITE/YELLOW 7:00 ADULT TKD	31 4:15 CUBS 5:00 GREEN & BLUE BELTS 5:00 beginner BJJ 6:00 advance BJJ 7:00 adult BJJ				

March 2026